

Virtue of the Month of December:

HOPE

Dedication of the Month:

The Infant Jesus

As we celebrate this season of Advent and prepare for the birth of Our Lord Jesus Christ, we will be practicing and learning about the virtue of Hope.

In the Bible, it says:

The hope of the righteous brings joy, but the expectation of the wicked will perish (Proverbs 10:28)

1. What is it?

- Hope is one of the three Theological virtues (Faith, Hope, and love)
- It is the desire of having something and also, the expectation of receiving it
- It is the longing for eternal happiness with God in Heaven by striving for an eternal union with Him.
- It is one of the Theological virtues because it helps guide our will towards God so that we can be happy with Him forever in Heaven
- When we are hopeful, we are positive, we work hard and strive to do good for others and ourselves
- Being hopeful allows us to have perseverance for God

2. How can I put into practice?

- When times are hard, we often want to sit back and tell ourselves we cannot do it anymore. If we practice the virtue of Hope and live it out in our lives, we will stay positive. We will keep our Trust in God that everything is going to be okay. We will stay hopeful that what the hardship is will pass.
- Stay positive
- Don't give up, keep trying and working your hardest
- Put hope into other people's lives
- Pray when things and times are difficult
- Thank God for the things you have been given rather than worrying about what you don't have

Pope Emeritus Benedict XVI said, "To come to know God- the True God- means to receive Hope.