THE VOICE St. John the Baptist Catholic School 4/1/23

Dear St. John's Families, As we enter the holiest week of our Liturgical Year we offer this prayer for each of you:

> God, as we walk through Holy Week toward the cross, May we remember the wonder of who you are. Beyond sin your love is inexhaustible. Beyond brokenness your forgiveness is incomprehensible. Beyond betrayal your grade is poured out eternally. Beyond death your life is unimaginable. Beyond human understanding, your ways are Always higher than yours.

Christine Sine, 2013

Holy Week and Easter Blessings to all of our SJB Community The Administration, Faculty and Staff



ST. JOHN THE BAPTIST, COSTA MESA HOLY WEEK SCHEDULE-2023

CONFESSIONS

Monday, Tuesday, Wednesday Mar 27, 28, 29-7:30 pm Saturday, April 1-9:00 am NO confessions Apr 3 and 4 Last confessions before Easter—Wednesday Apr 5 at 7 pm (extra priests)



INDICATED LITURGIES & DEVOTIONS WILL BE LIVE STREAMED on our parish Facebook Page. You may also watch the live stream on our parish website HOME page (scroll to the bottom). Liturgies will be uploaded later to our YouTube channel.

APR 2-PALM SUNDAY MASSES

Saturday Vigil Masses: 4:45 pm-English; 6:30 pm-Vietnamese Sunday Masses: 6:30 am-Vietnamese 8:00, 9:15, 11 am (also livestreamed)-English 12:30 pm—Latin (Extraordinary Form) (also livestreamed) 2:15 pm—Spanish (also livestreamed) 5:00 pm-English



APR 7-GOOD FRIDAY (day of fast & abstinence from meat) Tenebrae-8:30 am (also livestreamed) Stations of the Cross-12 noon



Celebration of the Lord's Passion 2:00 pm—English (also livestreamed) 5:30 pm-Vietnamese; 7:30 pm-Spanish Divine Mercy Novena-4:00 pm



APR 8-HOLY SATURDAY Tenebrae-8:30 am (also livestreamed) Divine Mercy Novena-4:00 pm Easter Vigil Liturgy 7:30 pm—English/Spanish (also livestreamed) 10:00 pm-Vietnamese

APR 9-EASTER SUNDAY MASSES Christus Resurrexitl 8:00 am-English (church) 9:30 am-English (church) 11:00 am-English (church) (also livestreamed) 12:30 pm-Latin (church) (also livestreamed) 2:15 pm—Spanish (church) (also livestreamed) Overflow seating (with audio) in the courtyard for all Masses Divine Mercy Novena—4:00 pm No 5:00 pm Evening Mass



CALENDAR

EASTER HOLIDAY

April 1— April 16

Monday 4/17

School Resumes Spirit Monday

Thursday 4/20 **First Communion**

Retreat

Friday 4/21 Early Dismissal

SAVE THE DATES

Friday 5/12 Spartan Race

June 26 — July 14 Screenless Summer Day Camp



<u>Counselor's Comer</u>

In light of recent news, many families are feeling a range of emotions from despair, anger, anxiety, and confusion. We brought children in the world with high hopes and although there is a natural feeling of angst raising children, we never imagined living in a world where we hold fear every time we watch our children walk out the doors. I would love to say that the world will change for the good, but I believe you can agree that things have progressively and negatively changed since we were children. And so, how do we prepare our children to live in an uncertain world?

- 1. Please refrain from negative news exposure. And if there is "talk" of the news, let us focus on positive news and walk away from conversation with hope and acknowledgement that there is still good in the world.
- 2. Keep politics out! There is no need for our children to regurgitate adults' political views in something that they have little understanding or experience with. Let children play and not worry about things they cannot control.
- 3. Manage your emotions. We often times do not realize how much our children carry our emotions. Children need our reassurance, not our anxieties. They need to feel safe, despite all our fears.
- 4. Educate. Depending on the stage of your child and their maturity, it is ok to speak about what is happening in our world. But, the focus should be on educating our children on how to constructively navigate a world of uncertainty. Yes, bad things happen, but what can we do to cope, build resilience, and hopefully, contribute to society?
- 5. Focus on love. Pray for those who are sick and suffering. Do volunteer work. Prioritize family time. Connect with loved one. Be intentional with relationships!!

Much Blessings this year!

Charíse Casíano, LMFT

Resource List:

Parent Guidelines for Helping Youth After the Recent Shooting (The National Child Traumatic Stress Network – English/Spanish)

<u>Talking to Children About Violence: Tips for Parents and Teachers</u> (National Association of School Psychologists – English/Spanish)

Helping Children Cope with Frightening News (Child Mind Institute - English/Spanish)

Coping in the Aftermath of a Shooting (American Counseling Association)

Trauma and Disaster Mental Health (American Counseling Association)

Teaching in the Wake of Violence (Facing History and Ourselves)

Raising Kind Children

The following is a brief summary of Mrs. Charise Casiano's most recent Coffee With the Counselor (March 24, 2023). To see the talk in its entirety please go to: <u>https://youtube.com/live/u2b2ycDeq5o?feature=share</u>

*Because we are all made in Christ's likeness, when you are cruel to someone else, you are being cruel to Christ.

*All children will be involved in a negative situation and therefore, it is important to create safe boundaries and educate them on the emotional repercussions.

*We need to focus on our child's behaviors, not others. 5 Social emotional rules to help children not hurt others while they are socially developing:

- Never put someone down for trying
- Making negative comments about physical traits is off limits
- Do not talk about money or status avoid gossip (don't say something behind someone's back/behind a screen that you cannot say to their face.)
- Never take jabs at someone's personality educate on differences
- Don't make fun of someone being down on their luck teach children empathy and how to offer support

Coach our children's inner conscience by focusing on character & virtues. Strategies to encourage decency and being well-grounded:

Attitude - positive, respectful, patient, kind, understanding, etc.

Avoidance - avoiding negativity

Act - "What would Jesus do?"

Assertiveness (not aggression)

Advocate - be encouraging and stick up for yourself and others

After - reflect on choices made

Teaching Our Children About Respect

- R-Respond Politely
- **E**—be an Example
- S-Speak (Don't sigh, roll eyes etc.)
- P-Property (Take care of things)
- E—Earn what you receive
- C-Care about how your choices affect others
- T—THINK before you speak (Thoughtful, Helpful, Inspiring, Necessary, Kind?)

They may forget what you said, but they will not forget how you made them feel. ~Carol Buechner



SJB SCHOOL MISSION STATEMENT

IN THE NOBLE TRADITION OF CATHOLIC EDUCATION, WITH CHRIST AS TEACHER AND GUIDE, IN PURSUIT OF KNOWLEDGE AND TRUTH, ST. JOHN THE BAPTIST CATHOLIC SCHOOL PREPARES THE WAY FOR STUDENTS TO EMBRACE THE FULLNESS OF GOD'S LOVE IN THIS WORLD AND IN HEAVEN.





Spírítualíty

"The Cross is the word through which God has responded to evil in the world. Sometimes it may seem as though God does not react to evil, as if he is silent. And yet, God has spoken, he has replied, and his answer is the Cross of Christ: a word which is love, mercy, forgiveness. It also reveals a judgement, namely that God, in judging us, loves us. Remember this: God in judging us, loves us. If I embrace his love than I am saved, if I refuse it, than I am condemned, not by him, but by my own self, because God never condemns, he only loves and saves." - Pope Francis

Prayer Basket:

This week let us lift our prayers for the intentions of: Mr. Kenny Keup, PE Teacher

We pray for God's blessings on the families of:

Kai Shoemaker; Giovanni and Julian Siles; Benjamin, Blaise, Francesca, John and Peter Silveira; MacCallum Simanski; Amilia, Dominic, and Nico Smith; Isabella Solorzano; Jacob and Joseph Somo; Noah Soriano; Keira Spencer; Aden

Stephanos;

Emma Stermer; and Cesar Stitzlein.

Special Intentions:

- We pray for our SJB community as we celebrate Holy Week, Easter and Spring Break. May all who travel remain safe.
- We pray for Pope Francis, that his health continues to improve.
- We pray for those who have left their faith, may they find healing and hope during this Holy Week.
- We continue to pray for the healing and health of those in our SJB community who are sick or injured.
- As always, we pray especially for all those special intentions included in our prayer basket and in our hearts.

A Prayer for Palm Sunday

Heavenly Father, crowds cheered and welcomed Jesus and later yelled for his crucifixion. I try to honor and celebrate You, but I know there are areas of my life where I reject or ignore You. Today, give me the strength to sing Your praises at times I might otherwise dishonor You. Amen. (hallow.com)

Your Special Intentions

Do you have a special intention you'd like our SJB community to join you in prayer for? If so, please email Suzanne Mello @ <u>daveandsuz5to2@gmail.com</u> and your request can be added to this Spirituality Insert in the weekly bulletin.



Click the image below for more information. Please contact Brian Barajas - bbarajas@sjbschool.net if you are interested in being a part of the SJB foursome!

4TH ANNUAL PAROCHIAL ATHLETIC LEAGUE

GOLF TOURNAMENT & HALL OF FAME INDUCTION

TUESDAY, MAY 9, 2023 TUSTIN RANCH GOLF CLUB TUSTIN, CA



VE THE DA

3rd Annual

SJB Screenless Summer

Week 1: June 26- June 30 Week 2: July 3- July 7 (No school 7/4) Week 3: July 10- July 14 Times: 8:30am- 12:00pm



Registration begins April 17th



IST THROUGH 8TH GRADE STUDENTS

ARE INVITED TO JOIN MR. KENNY FOR FUN AND GAMES AT



FRIDAY, APRIL 21, 2023 (HALF DAY) 12:30PM TO 3:00PM

PIZZA LUNCH AND TREATS WILL BE PROVIDED.

DIETARY ACCOMMODATIONS CANNOT BE MADE. IF YOU STUDENT HAS SPECIFIC DIETARY NEEDS, PLEASE PLAN TO SEND LUNCH WITH THEM THAT DAY.

RETURN THIS FORM WITH PAYMENT TO THE FRONT OFFICE BY TUESDAY 4/18/23 TO RESERVE YOUR CHILD'S SPOT FOR THIS FUN AFTERNOON! \$40 PER STUDENT STUDENT NAME(S)

STUDENT CLASSROOM(S) -

TRYOUTS - APRIL 27 Q 3:00 **NDEN TO ALL** | Sign up at 2:50, bring your bes

OPEN TO ALL | Sign up at 2:50, bring your best 3 minute act & music if needed

REHEARSALS: MAY 11 & JUNE 8

PERFORMANCE WILL TAKE PLACE AT THE BAKER STREET BASH ON JUNE 9 @ 6:00 PM

ons Academ of Irish Dance Lyons Academy RAISE) RECITA Support Lyons Academy of Irish Dance while enjoying lunch and a show! UNDAY, APRIL 30 SHOW BEGINS AT PM St. John the Baptist Catholic Church Parish Hall 1017 Baker Street Costa Mesa, CA 92626

\$45 per person \$30 for kids 10 and under

Tickets and meal choices available

Featuring live music from Dropkick Mickey's

Catering by:

RESTAURANT & IRISH PUB



Halecrest Park Spring Break Camp Monday 4/3 – Friday 4/7 8:00 -4:00 Daily Rates available \$50 per day \$250 week Outdoor play in our 5-acre park, group games and playground time Arts and crafts and indoor games in our club house Swimming!

Contact Halecrest Office for sign up information: 714-557-7234 or programs@halecrestpark.co